



Valley High School
Health Disclosure
Janna Spears
spearsteach.weebly.com
canvas.instructure.com



Valley High Mission Statement: The mission at Valley High School is to empower students as agents of their own lifelong success.

CLASS DESCRIPTION: The maintenance and development of good health is basic to all of our lives. Adolescents need accurate health information in order to develop healthy attitudes and behavior patterns. High school students reaching maturity are beginning to assume responsibility for their own health. They must make choices and decisions that may affect them throughout their lives. Health Education offers knowledge and skills that enable a student to make choices and decisions based upon accurate and current information. The goal of this course is to enable the students to assess their own lifestyles and risks and to choose behaviors that are healthy and responsible.

TOPICS COVERED: According to Utah Core Curriculum the following subjects will be covered: mental and emotional health, managing stress, physical fitness and nutrition, communication, conflict resolution, illegal drugs, alcohol and tobacco, the body’s reproductive system, relationships, sexually transmitted diseases and HIV and AIDS.

Classroom Policies and Procedures:

Food & Drink:

- Having food and drinks in the classroom is a privilege and can be revoked if it causes a disruption.
- Students must clean up after themselves!

Technology:

- **NO** cell phone use during class.
 - First Offense: Warning
 - Second Offense: Given an absence

No cheating:

- If caught cheating, students will be automatically dropped from the class.

ATTENDANCE:

- | | | |
|----|---|--|
| 1. | 1 st and 2 nd absence | Notify the teacher by e-mail or phone. Please include the following in your message: <ol style="list-style-type: none"> 1. Name 2. Class time 3. Reason why you can’t make it to class (be brief) |
| 2. | 3 rd absence | In accordance with Valley policy, the student will be given a “NG” for the class |
| 3. | Tardies | 3 tardies = 1 absence |
| 4. | 5 th absence | NC for the quarter |

*** You are marked ABSENT if you are 5 minutes or more late! Possible make-ups will be discussed on an individual bases with the student. IF you have not made contact on PREVIOUS absences, good luck!**

GRADING: Grades will be based on the completion and quality of class work, homework, projects, tests and participation. At the end of the quarter, grades will be based on a percentage of total possible points for the term.

Grading Scale: Students may check their grade at any time on Skyward.

A = 100%-95%	B+ = 89%-87%	C+ = 79%-77%	D+ = 69%-67%	F = < 60%
A- = 94%-90%	B = 86%-83%	C = 76%-73%	D = 66%-63%	
	B- = 82%-80%	C- = 72%-70%	D- = 62% – 60%	

ASSIGNMENTS: Assignments are due on the date given in class. Assignments should be neat, readable, and complete. Do not use inappropriate language in your work.

Quizzes and Unit Tests: Quizzes and tests will be announced and taken on Canvas after each unit or topic studied. If you miss a test, then you must make arrangements with the teacher to take it within **ONE** week or you will receive no credit for it. Answers for quizzes and tests will come from class discussions, power points, handouts, movies, guest speakers, and notes.

Homework: There will be some homework in health. Any assignments or projects that cannot be finished during class will need to be done at home. Students will also be expected to study for quizzes and tests on their own time.

Make up Work: There may be assignments that cannot be made up if you are absent. If an assignment can be made up, it is your responsibility to collect all class work and homework missed due to an absence. It should be completed and handed in before the unit test.

Classroom expectations are consistent with the expectations of Valley High. In addition, it is important that every student respects the values, opinions, ideas, and differences in each other at all times. Anything but acceptance and respect will not be tolerated at any time. Since a positive learning environment is the key to success in every classroom, disruptive behavior will not be tolerated and will adversely influence the student's overall grade.

Contact Information: **Janna:** (801)572-7035 ext 77134 janna.spears@jordandistrict.org

Student Name: _____ Class Time: _____

Student Email : _____

Cell/Home Phone: _____

My signature indicates that I have read the disclosure statement and understand the expectations and policies of this class.

Student Signature

Date

Parent Signature

Date